


ec what's new?

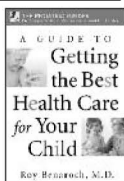
EC's Picks for New Products, Family Reading, Music & Games

Do you know What's New? Let us know. Send us a sample for consideration to: What's New? Edmonton's Child, #208, 14218 Stony Plain Rd. Edmonton, AB., T5R 3R3

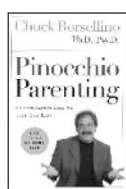
 Proudly Canadian

BOOKS

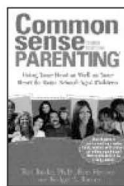
A Guide to Getting the Best Health Care for Your Child By Roy Benaroch, M.D. This is a practical and useful guide that tells parents exactly what they need to know. The best ways to choose and use all aspects of pediatric care are covered: traditional medicine, alternative medicine, hospitals, emergency rooms, telephone calls, insurance, sources of medical information and more. Benaroch explains how to assure your pediatrician has kept his or her knowledge up to date in the fast-changing field of medicine, how to understand what lab reports and tests mean and whether they are necessary, and how to know when medications or the use of alternative medicine may be fine - or dangerous - for your child. Available at bookstores for \$55.95.



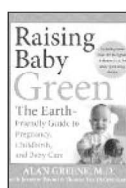
Children & Bullying By Kenneth Rigby Hardly a day goes by without reports of incidents of school bullying or recommendations for quick fixes to the problem. Drawing on a wealth of research, Ken Rigby provides both parents and educators with clear explanations and effective strategies for combating bullying among children as well as preventing children from becoming involved in bullying situations. The book explores key issues such as ways to empower children to deal with bullies, the crucial role positive peer influences can play, and how schools can develop effective anti-bullying programs and work to create safe learning environments. Available at bookstores for \$21.99.



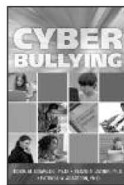
Common Sense Parenting By Ray Burke Here's a great guidebook for parents of children ages 6 to 16 facing a myriad of family challenges: a teen who's defiant; siblings who constantly bicker; a child having trouble in school, or parents and kids who occupy the same house but don't communicate or have fun together anymore. Provides parents with a menu of proven techniques that will aid them in building good family relationships, preventing and correcting misbehavior, using consequences to improve behavior, teaching self-control, and staying calm. Available at bookstores for \$17.95.



Raising Baby Green By Alan Greene In this illustrated and easy-to-use guide, noted pediatrician Dr. Alan Greene, a leading voice of the green baby movement, advises parents how to make healthy green choices for pregnancy, childbirth, and baby care—from feeding your baby the best food available to using medicines wisely. Consumer advocate Jeanette Pavini includes information for making smart choices and applying green principles to a whole new universe of products from zero-VOC paints for the nursery, to pure and gentle lotions for baby's delicate skin, and eco-friendly diapers. Available at bookstores for \$10.99.



Cyber Bullying By Robin M. Kowalski Bullying affects millions of children throughout the world each year. With advances in technology, cyber bullying has become more and more prevalent through the use of e-mail, instant messages, chat rooms, and other digital messaging systems — it also brings with it unique challenges for parents and educators. Written accessibly, this essential text provides educators, parents, psychologists, and policy-makers with critical prevention techniques and strategies for effectively addressing electronic bullying. Available at bookstores for \$39.00.

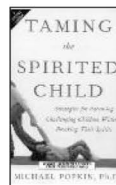


Dana's Top Ten Table By Dana McCauley Fresher, faster, easier, yummier! When it comes to making dinner, we are creatures of habit. Research proves what we've known all along—Canadians love to eat the same 10 things for dinner as often as they can. Enter Dana McCauley, she's taken our top 10 favourites and come up with more than 200 recipes that make your mainstays magnificent. These are favourites made new and they're the classics taken to the ultimate. Each recipe gives preparation and cooking times, as well as storage and freezing options so you can make your



own ready-to-eat entrées. Plus, there are cooking tips and pantry substitutions, along with variations for the slow cooker, cooking-for-two and batch cooking for many of the recipes. Packed with gorgeous full-colour photos, with clear and detailed professionally tested recipes. Available at bookstores for \$20.95.

Taming the Spirited Child By Michael Popkin, Ph.D. Do you dread parent-teacher conferences? Does your child really know how to push your hot button? Has your child been labeled "defiant" or "rebellious"? The effective strategies within this guide will quiet the difficulties spirited children have at home and school while exposing the unique, special gifts they possess. Develop a relationship with your spirited child by building relationship skills, disciplining with encouragement, balancing the power dynamic and curbing tantrums effectively that will help parents cultivate their child's spark, not extinguish it and reach beyond depressing labels for their beloved children. Available at bookstores for \$16.00.



I've Got This Friend Who... Written by experts that provide advice for teens. From alcohol and other drug use to relationship issues and sex to depression and eating disorders, teens are confronted with high-risk pressures and problems—whether experienced personally, through their friends, or with family members. Personal stories, fast facts, and self-tests help teens learn how to recognize when a friend or family member is in trouble and find help, to identify their own issues and seek help, and to take care of themselves when feeling overwhelmed by problems of friends or family members. Available at bookstores for \$16.95.



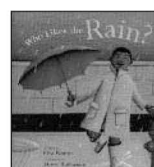
Big Guy Books Rescue Vehicles By Robert Gould A fact-filled look at some of the best-known rescue vehicles around! Featured vehicles include a police car, fire engine, canine unit, tactical response truck, police motorcycle, and rescue helicopter. The kid-oriented, photo-realistic illustrations and the fun, engaging text will captivate beginning readers and parents alike. Available at BigGuyBooks.com for \$7.95.



Canada in Colours By Per-Henrik Gurth Features distinctly Canadian images, icons and touchstones with bold colours. With green spruce trees, red PEI dunes, purple blackberries and the beautiful blue of the St. Lawrence River, young readers will travel across Canada through brilliant colour ending their journey with multi-coloured Northern Lights. Available at bookstores for \$14.95.



Who Likes the Rain? By Etta Kaner The fourth and final book in the highly regarded Exploring the Elements series shows young readers the science behind rain. Using simple concepts of science, this book answers children's questions and encourages young readers to explore their surroundings. The book's engaging design includes flaps that open to reveal the science of rain and rewards curiosity. Available at bookstores for \$14.95.



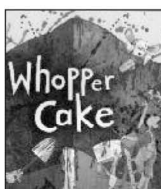
Down at the Sea Hotel A storybook-music CD featuring lullabies written by several celebrated songwriters of our time (Neil Young, Carole King, Don Henley, Nanci Griffith, Tom Waits...) and performed by artists presently signed to the prestigious Minnesota roots music label Red House Records. A welcome treat that parents and children alike will love. Available at bookstores for \$22.99.



Out Came the Sun By Heather Collins Tag along with this cuddly cast of characters as they merrily skip from one mini-adventure to the next in the course of a busy day! Artfully arranged to create an inviting visual story, 45 much-loved nursery rhymes come giggling and clapping to life through adorable illustrations. Perfect for storytime, bedtime or anytime. Available at bookstores for \$24.95.



Whopper Cake By Karma Wilson Today is Grandma's birthday, and Granddad has an ichin, to bake a WHOPPER chocolate cake and traumatize the kitchen! And sure enough, he does. Join the madcap frenzy of making the biggest cake in the world! And the biggest...mess! Available at bookstores for \$19.99.



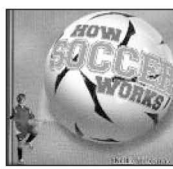
The Old Farmer's Almanac for Kids, Volume 2 Its full-colour and loaded with fun activities, quirky facts and feature stories about farm animals, fishing, famous bears, sports heroes and history, the origin of ice cream and much, much more. Special calendar pages have trivia for every day. Best of all: parents, grandparents, and teachers love it, too! Available at bookstores for \$9.95.



Amazing Rubber Band Cars By Mike Rigby Combining fun and interactive activities, this guide will have kids captivated for hours constructing fantastic racing cars with the basics of only rubber bands, cardboard, and glue. These simple instructions with templates allow budding engineers to gain hands-on experience as they learn not only how to build a basic racer, but how to make modifications such as aluminum foil axle bearings, steering mechanisms, hinges, cam shafts, and wheels made out of old CDs. Available at bookstores for \$16.95.



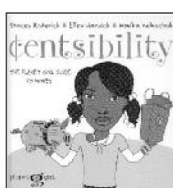
How Soccer Works By Keltie Thomas Soccer is the world's most popular participant and spectator sport. This book presents a fascinating and informative look at the science behind the sport and covers everything from the "personality" of a soccer ball and training techniques to "suing up for success" and what drives those explosive moves that make the game so exciting. Available at bookstores for \$12.95.



What the Dickens - The Story of a Rogue Tooth Fairy By Gregory Maguire A terrible storm is raging, and ten-year-old Dinah is huddled by candlelight with her brother, sister, and cousin Gage, who is telling a very unusual tale. It's the story of What-the-Dickens, a newly hatched orphan creature who finds he has an attraction to teeth, a crush on a cat named McCavity, and a penchant for getting into trouble. As his tale of discovery unfolds, however, both What-the-Dickens and Dinah come to see that the world is both richer and less sure than they ever imagined. Available at bookstores for \$19.00.



Centsibility: The Planet Girl Guide to Money By Ellen Warwick Provides tips on how to stylishly save money. Money lectures can earn yawns, but Planet Girl helps teach the difference between want and need, how to save for the stuff they crave and why budgeting makes cents. Available at bookstores for \$14.95.



PRODUCTS

Baby Light & Clip An unique lighted nail clipper that illuminates from under baby's tiny nail, taking the guesswork out of where to safely clip. Safety Guards help avoid nicking baby's tender skin and compartment helps keep clippings from falling into baby's bedding. Comes in a compact storage case for storing and travel. Available at the Princess and the Pea.



Jeep 2-in-1 Baby Carrier Allows baby to face forward or face parent for the ultimate portability. The patent-pending Secure-Fit™ indicator turns red to confirm a locked latch so baby is always safe and secure. Extra wide padded shoulder straps with bolster and sports mesh help to evenly distribute baby's weight and provide a comfortable fit, while easy-in/easy-out buckles and self adjust straps make it easy to put on. It also features seat and leg openings that easily adjust for growing babies, reflective trim for better visibility at night and a mesh pocket for storage. Available at Toys R Us.



KABOOST A compact and portable chair booster that raises the height of a chair so that children can sit at the table just like a grown-up. A spring system holds the four legs in place without slipping and has two height adjustments. Visit kaboost.com to purchase.



Open It! The ultimate Wrap Rage Cure. The only tool that has everything you need to open any package. It combines a cutting tool, dual-head screwdriver and retractable cutting blade in one safe and easy to use tool. Easily opens clamshells, toy packaging, boxes, CDs, DVDs, battery compartments and more. Available at Canadian Tire.



DVD'S

Your Baby Can Read An early language development system for ages 3 months to 5 years, was created by Dr. Robert Titzer, an expert of infant development and research. The 5 DVD and word card set teaches your children whole language and phonics using a combination of sound, sight and interaction and takes a multi-sensory approach through interactive DVDs and sliding word and picture cards, helping a child grasp word recognition — leading to early reading success! Visit yourbabycanread.com to purchase.



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